



Update from Department Head **Dr. Athanasios Zis**

Distinctions and Awards

Dr. Raymond Lam (Division of Clinical Neuroscience) was the year's recipient of the Scientific Achievement Award which is awarded annually by the Medical/Dental and Allied Staff of Vancouver Acute Health Service Delivery Area.

Dr. William Maurice (Division of Adult Psychiatry) has assumed the Presidency of the Society for Sex Therapy and Research, an international organization with membership representing various health science disciplines.

Dr. Pat McGeer (Division of (Basic) Neuroscience) was named in the will of the late Mr. George Hodgson as the person to direct the disposition of a total of 350,000 for research into the causes (and treatment) of Alzheimer's disease and the process of aging.

Dr. Chunilal Roy (Clinical Professor Emeritus) was nominated by the French President Jacques Chirac "au grade de Chevalier de l'Ordre de la Legion d'honneur."

CIHR March 2003 Competition

Dr. Elliot Goldner (Division of Mental Health Services & Policy) led a team of investigators and other health professionals from around the country, including UBC, to a successful Strategic Training Initiative in Health Research grant application. They received 1.8 million over a six year period towards "building capacity in mental health and addictions services and policy".

Dr. Brian MacVicar (Division of (Basic) Neuroscience) led a team of investigators including three from this Department to a successful group grant application. They received a \$1.2 M to study synaptic function and plasticity over the next five years.

Dr. Josie Geller (Division of Behavioural Science) received \$70,000 to develop and validate, over an eighteen month period, an "empirically sound measure of readiness and motivation" for HAART (Highly Active Anti Retroviral Treatment) in patients with HIV.

Dr. Todd Woodward (Division of Clinical Neuroscience) received 64,000 for one year to pursue functional neuroimaging studies of the hippocampo-prefrontal neural system in schizophrenia.

Centre for complex disorders

Dr. William Honer's proposal for infrastructure support to the Michael Smith Foundation has been funded. The Centre for complex disorders, which is an integral part of the Vancouver Coastal Health Research Institute, is seeking "integrative and transformative" solutions based on knowledge derived from the biological (genetic/molecular) and psychosocial domains to address serious mental disorders across the lifespan focusing initially on psychotic illnesses that often begin in adolescence.

Administrative Appointments

Dr. Shaila Misri was appointed Director of the newly approved Reproductive Mental Health Program, Division of Adult Psychiatry.

Dr. Auby Axler was appointed Associate Director (Training), Psychotherapy Program, Division of Behavioural Science.

Department of Psychiatry Annual Clinical Day

The 2nd Annual Clinical Day was held on June 13 and was cosponsored by the Division of Continuing Medical Education of the Faculty of Medicine. The venue was UBC at Robson Square. As before it was successfully organized by Dr. Harry Karlinsky, Director, Continuing Medical Education, assisted by a Course Planning Committee representing the various teaching hospitals affiliated with the Department. This endeavour which targets community based GPs, Family Physicians, Psychiatrists and other mental health professionals as well as Faculty and Residents was attended by 171 registrants. The keynote address "Confronting Ethical Dilemmas in a Changing World" delivered by Dr. Roy O'Shaughnessy (Division of Forensic Psychiatry), set high standards for the rest of the Program which included a number of small group workshops on a variety of topics, and a panel presentation on sexual problems, all led by members of the Department.

Residents' Graduation Dinner

This year's graduation dinner was held at the Pan Pacific Hotel on June 14th and was well attended by both residents and faculty. The event was successfully organized by Drs. Debra Miller and Susan Baer. Dr. Alan Burgmann proved to be a polished and humorous MC. Dr. Jon Fleming, Director, Postgraduate Education, introduced the graduating residents and presented the certificates. The 2003 graduates are: Drs. Tricia Bowering, Andrea Chapman, Diane Fredrikson, Andrew Howard, Shimi Kang, Siobhan McLachlan, Megan Sherwood, Astrid Vik and Leslie Wicholas. Dr. Shimi Kang received the George Davidson Research Award and Dr. Astrid Vik an honourable mention. The residents recognized a number of faculty for contributing significantly over the five years to their training including Drs. A. Burgmann, W. Friesen, R. Hewko, D. Hutnyk, T. Isomura, M. Levy, R. Persaud, N. Schaffer, R. Shick, K. Sivertz and D. Ward from Adult Psychiatry; M. Corral and F. Wilt from Behavioural Science; G. Ainsworth, M. Blank, D. Fast, J. Garland, G. Lazar and K. Marriage from Child & Adolescent Psychiatry; S. Altman, T. Hurwitz and E. Tam from Clinical Neuroscience; A. Kang, N. Kang and P. Chan from Geriatric Psychiatry; J. Smith from Forensic Psychiatry and K. Rungta from Mental Health Services and Policy.



Event Calendar

"Frames of Mind"

A Department of Psychiatry co-sponsored monthly Mental Health film series held the 3rd Thursday of each month at the *Pacific Cinematheque* 1131 Howe Street, Vancouver Tickets \$7.50 at the door- all screenings start at 7:30 p.m.

September 18, 2003

"Revolution #9"

Director: Tim McCann

Discussant: Dr. Sean Flynn

October 16, 2003

"Dialogues with Madwomen"

Director: Allie Light

Discussants: Ms. Liz Choquette, Ms. Marina Morrow and Ms. Jill Stainsby

Upcoming Films

Nov. 20 and Dec. 18

Titles to be Announced

Teaching Hospital /Division/ Program Education Rounds

Information /details available online at :

www.psychiatry.ubc.ca/cme/rounds/

Other Activities

October 2, 2003 8:00-9:00 a.m.

Department of Psychiatry Meeting
Detwiller Pavilion

October 22, 2003 6:00 -10:00 p.m.

Clinical Faculty General Meeting-
6:00 pm followed by Clinical Faculty
Appreciation Dinner & Presentation of
Teaching Awards 7:00 p.m.

Information: Contact Linda Kompauer
at 604-822-7730

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This newsletter is published quarterly as a vehicle to promote communication within the UBC Dept. of Psychiatry as well as with its wider community. Feedback and suggestions for invited submissions can be forwarded to the Editor at harryk@telus.net.

Division of Forensic Psychiatry

Dr. Roy O'Shaughnessy

Forensic Psychiatry is the psychiatric subspecialty that focuses on the interrelationships between psychiatry and the law, including civil, criminal and administrative legal proceedings. Forensic Psychiatry is a broad reaching subspecialty that has been formally recognized by the American Board of Psychiatry and Neurology and is currently being considered for formal recognition by the Royal College of Physicians and Surgeons. Informally, Forensic Psychiatry has been recognized within the Department of Psychiatry for over twenty years.

Forensic Psychiatry encompasses specific skills and knowledge in the psychiatric interface with legal matters involving criminal procedures, civil procedures, family law procedures, as well as administrative procedures, including disability evaluation and competency assessments. In addition, a subsection of Forensic Psychiatry deals with treatment of offender populations, including violent offenders, sexual offenders, juvenile delinquents, as well as those with more formal psychiatric illnesses within security hospitals, correctional settings and outpatient clinics.

Civil Psychiatry Training Program, St. Paul's Hospital

The Division of Forensic Psychiatry is composed solely of clinical faculty members, and there are no Geographical Full Time (GFT) positions established within the Division. At the current time, we have three autonomous clinical sites providing training for residents or fellows taking elective training in Forensic Psychiatry. In addition to being the Division Head, I also serve as the Clinical Director for the Youth Forensic Psychiatric Services of the province. Dr. Emlene Murphy is the Director of Clinical Services, Forensic Psychiatric Services Commission. Dr. Maelor Vallance is the Director of the Civil Psychiatry Training Program at St. Paul's Hospital.

Each of the three autonomous sites provides unique and complimentary educational experiences for residents and fellows. The St. Paul's program, under the directorship of Dr. Vallance also includes Dr. O'Shaughnessy on a part time basis. Residents rotating through St. Paul's or taking electives in Forensic Psychiatry are given the opportunity of co-assessing civil forensic examinees for a variety of purposes, including the assessment of psychiatric damages from traumatic causes, disability evaluations and competency determinations for a variety of legal ends. While the majority of psychiatric residents and practising psychiatrists will have little, if any, contact with adult or juvenile criminal evaluatees, the majority will assess or treat individuals involved in civil procedures. Training in Civil Forensic Psychiatry has been very limited and inadequate and, accordingly, the Division hopes to expand the Civil Forensic Psychiatry Clinic at

St. Paul's Hospital once funding can be established.

The Youth Forensic Psychiatric Services is a Division of the Ministry of Children and Family Development that provides psychiatric and psychological assessments to young offenders. The facilities include a maximum security Inpatient Assessment Unit (IAU), as well as outpatient clinics geographically distributed across the province.

The clinical faculty associated with the program include:

Dr. Paul Janke, *Clinical Assistant Professor & Assistant Clinical Director, Inpatient Assessment Unit*. Dr. Janke is responsible for clinical supervision in the IAU.

Dr. Kulwant Riar, *Clinical Assistant Professor and Assistant Clinical Director, Lower Mainland Outpatient Services*. Dr. Riar provides clinical direction to clinics in Burnaby, Vancouver and Langley, and is responsible for clinical supervision of residents rotating through outpatient services.

Dr. Ron Stevenson, *Clinical Associate Professor*. Dr. Stevenson is a staff psychiatrist in the Outpatient Department providing assessment and treatment services for adolescent sexual offenders.

Dr. Todd Tomita, *Clinical Assistant Professor*. Dr. Tomita is a staff psychiatrist in the Outpatient Department providing supervision in the areas of assessment and treatment of young offenders and adolescent sexual offenders.

Youth Forensic Psychiatric Services

Youth Forensic Psychiatric Services has also recently established a comprehensive Violent Offender Program funded jointly between the Federal and Provincial Governments. Opportunity exists for ongoing supervision, as well as research on violent adolescent offenders.

In addition to clinical supervision, Youth Forensic Psychiatric Services has a number of ongoing research interests through its Program Evaluation and Research Committee. Recent publications in press deal with follow up studies of adolescent violent offenders, risk assessment of violent behaviour using the Structured Assessment of Violence Risk in Youth, as well as ongoing research in juvenile psychopathy. The service also engages in collaborative research with Dr. Moretti at SFU in a large-scale project on female delinquents. Projects currently under consideration include, further treatment outcome studies for violent adolescents and a continuing follow up study of treated adolescent sexual offenders.

Forensic Psychiatric Services Commission

The Forensic Psychiatric Services Commission is a division of the PHSA, which is responsible for psychiatric assessment and treatment of adult defendants. The Forensic Hospital is a maximum security facility providing assessment of defendants for the purposes of determination of criminal responsibility or competence to stand trial. It also serves as the Inpatient Treatment Centre for individuals found by the Courts to be unfit to stand trial or not criminally responsible for their behaviour. The Commission also has extensive outpatient facilities providing assessment as well as treatment follow-up to discharged inpatients.

The clinical faculty includes:

Dr. Emlene Murphy, *Clinical Associate Professor & Director, Clinical Services Forensic Psychiatric Services Commission*

Dr. Johann Brink, *Clinical Associate Professor & Director of Research*

Dr. Mark Riley, *Clinical Assistant Professor & Senior Psychiatrist, Forensic Hospital*

Dr. Wahan Wanis, *Clinical Assistant Professor & Director of Medical Education*

Dr. Todd Tomita, *Staff Psychiatrist, Sexual Offender Program, Vancouver Adult Clinic*

Dr. Linda Grasswick, *Staff Psychiatrist, Sexual Offender Program, Surrey Adult Clinic*

Dr. Witold Widajewicz, *Staff Psychiatrist, Forensic Hospital*

Faculty Involved in the development of Telehealth for psychiatric evaluation for the outreach services in northern BC are:

Dr. Maureen Ceresney, *Clinical Assistant Professor, Staff Psychiatrist*

Dr. Leanne Meldrum, *Clinical Assistant Professor, Staff Psychiatrist*

Dr. Jeanette Smith, *Clinical Assistant Professor, Staff Psychiatrist*

Dr. McKibbin, *Staff Psychiatrist*

In addition to providing clinical supervision for residents and fellows, the Forensic Psychiatric Services Commission has an active research program under the direction of Dr. Brink. They are currently involved in a major program with Dr. Chris Webster and colleagues in Hamilton, developing and implementing the Short-Term Assessment of Risk and Treatability (START). In addition, they have recently completed a smoking cessation project and are currently involved in the evaluation of a telepsychiatry project, doing pre-sentence evaluations of defendants in northern BC. Proposals currently in development include, tracking studies of persons found unfit or Not Criminally Responsible by Mental Disorder (NCRMD) and an assessment of cognitive impairment and impulsivity in individuals with Schizophrenia who have been found NCRMD. Proposals are also being formulated for evaluation of the Sexual Offender Treatment Programs.

Division of Clinical Neurosciences**Dr. Raymond Lam**

Translational neuroscience. That's the latest "buzzterm" in clinical research circles – to "translate" basic/bench/animal research into human populations and diseases. The Division of Clinical Neuroscience comprises faculty who have a fundamental interest in applying neuroscience to understanding psychiatric conditions.

The Division of Clinical Neuroscience comprises several large programs (Mood Disorders, Neuropsychiatry, Schizophrenia) and many individuals. There are too many to list individual interests and achievements...these will be documented in the next department annual report. This article will provide a brief overview of the Division.

Mood Disorders Program

The Mood Disorders Program is headed by Dr. Raymond Lam, who recently received the medical staff Scientific Achievement Award from Vancouver Acute (VGH and UBC Hospitals). He heads several clinical research programs in depression, focusing on seasonal affective disorder (SAD) and clinical trials in treatment-resistant and chronic depression. He also has a new CIHR-funded study in collaboration with Dr. Cai Song in the psychoimmunology of seasonal and nonseasonal depression. Dr. Lakshmi Yatham heads a Canadian Bipolar Research Consortium with several large CIHR-funded grants to study clinical treatment of bipolar disorder, including a study comparing group cognitive-behavioural therapy and psychoeducation. He also continues his neuroimaging research using PET to study dopamine and serotonin receptors in depression and bipolar disorder. These studies are supported by clinicians in the program, including Drs. Edwin Tam, Kevin Solomons and CV Manjunath. Dr. Hiram Mok, a psychiatrist with special interest in cross-cultural aspects of mood disorders, also recently joined the group. Dr. Erin Michalak is completing her postdoctoral fellowship and developing a research program on quality of life indicators in mood disorders.

The VGH and UBC Hospital Foundation campaign for a Chair in Depression Research, spearheaded by Mr. Lloyd Craig, President and CEO of Coast Capital Sav-

ings, has raised over \$2.7 million. The application has reached the final stage in the competition for matching funds from the BC Leading Edge Research Chair Endowment, with the decision scheduled for the fall.

Neuropsychiatry Program

The Neuropsychiatry Program is headed by Dr. Trevor Hurwitz. The program continues to have active clinical responsibility for 35 in-patient beds (10 at UBC Hospital and 25 at Riverview Hospital). Skeleem Recovery Centre, which provided rehabilitation services to traumatic brain injured patients, was closed in February, 2003 due to fiscal considerations. Over the next year the in-patient component of the Neuropsychiatry Program will be reviewed in the light of the Riverview redevelopment.

Dr. Joseph Tham completed his fellowship in June, 2003 and has joined the Neuropsychiatry Program as a consultant neuropsychiatrist at UBC Hospital. He will be subspecializing in the neuropsychiatry of multiple sclerosis. Dr. Andrew Howard started a fellowship in July, 2003. Dr. Anton Scamvougeras continues with his clinical and research interest in Tourette's and comorbid conditions. Also included in the Neuropsychiatry Program are developmental disability specialists Drs. Robin Friedlander and Caron Bryne (in Victoria).

Schizophrenia Program

The Schizophrenia Program is headed by Dr. Bill Honer, the Jack Bell Chair in Schizophrenia, and Dr. Bill MacEwan. Dr. Honer has been extremely successful in recent grant competitions. He has created a Centre for Complex Disorders at VGH, which was awarded a research unit grant from the Michael Smith Foundation for Health Research. He also has two new fellows in the lab: Drs. Julie Pongrac and Clare Beasley (supported by a CIHR-Calder-Neuroscience Foundation Fellowship). A former postdoctoral fellow, Dr. Todd Woodward, recently received a new CIHR grant on functional neuroimaging of the hippocampal-prefrontal neural system across the spectrum of schizophrenia.

Dr. Geoff Smith continues a study of psychosis at the beginning of the 20th century

in BC. Dr. Tania Lecomte is a new faculty member supported by a CIHR Scholar Award. She currently has a study of group-based cognitive therapy for early psychosis. Dr. Elton Ngan conducts research using functional imaging (fMRI and ERP) to examine cognitive and memory deficits underlying schizophrenia. His lab has a number of graduate students and a postdoctoral neuro-radiology fellow, Dr. Wie Tien.

Educational and Research Activities

Among educational contributions, Dr. Jon Fleming (Sleep Disorders) is flourishing as the postgraduate training director, managing several important resident issues through the year. Dr. Hurwitz continues to coordinate the Neuroscience stream during the residents' academic day, and Dr. Hiram Mok has taken on the Mood Disorders resident seminars. Dr. Lam chairs the Accreditation Subcommittee of the medical school Expansion Task Force. Led by conference chair, Dr. MacEwan, and in partnership with the UBC Brain Research Centre, a successful Clinical Neuroscience Conference was held in February, 2003, at the SFU Conference Centre. The next conference is scheduled for the last week of February, 2004.

Publications from members of the Division are numerous and diverse. Dr. Yatham recently co-edited a book published through Taylor & Francis (Bipolar Disorder: A Clinician's Guide to Biological Treatment). Dr. Scamvougeras first-authored a paper in *Neuroscience Letters* on an MRI twin study of the corpus callosum. A soon-to-be-published paper with Dr. Sean Flynn (Schizophrenia Program) as first author, and Drs. Smith and Honer among co-authors, will feature as the cover page in *Molecular Psychiatry* (Abnormalities of myelination in schizophrenia detected *in vivo* with MRI, and postmortem with analysis of oligodendrocyte proteins. *Molec Psychiatry*, in press).

These are just a few of the recent highlights from the Division of Clinical Neuroscience. Again, there are many other members and activities that were not mentioned in this brief report. One of the objectives of the Division is to foster collaboration between members and with other faculty in the neuroscience community. These collaborations also will be amplified in the Department's next Annual Report.

Cross-Cultural Psychiatry Program, Department of Psychiatry, UBCH and VGH / Vancouver Community Mental Health Services, Vancouver Coastal Health / Immigrant Services Society of BC / Storefront Orientation Services / Burnaby School Board

Are pleased to present

The 8th Annual Cross-Cultural Mental Health Conference
IMMIGRANT & REFUGEE MENTAL HEALTH SYMPOSIUM:
Strengthening & Building Supports for Children & Youth
October 23 & 24, 2003

At Simon Fraser University at Harbour Centre, Vancouver, BC

Symposium Objectives:

- To explore the impact of trauma & attachment issues affecting immigrant & refugee children & youth
- To learn more about the settlement challenges from immigrant & refugee children & youth perspectives
- To share new & innovative service models from the perspectives of immigrant & refugee children & youth
- To learn more about global issues that may affect immigrant & refugee children & youth in their settlement process in Canada
- To learn more about the approaches, challenges and limitations of the school system and its role in the settlement process
- To provide broad based networking opportunity for service providers working directly /indirectly with immigrant & refugee children

DAY 1– OCTOBER 23, 2003

0900 Welcome & Introduction
0915 Keynote Speaker: Dr. Erin Baines
1015 Coffee Break
1045 Video: Of Lives Uprooted, National film Board
1100 Plenary Panel: 4 youth discuss their settlement process
1200 Lunch (provided)
1300 Worker Care: Vicarious Trauma
1415 Refreshment Break
1430 Culture Clash: Impact of the settlement process on children and youth in the school system
1600 Wrap up

DAY 2– OCTOBER 24, 2003

0900 Reconvene
0915 Impact of Intervention from a Child & Youth Perspective
1015 Coffee Break
1045 International Children's Institute Building Bridges Program
1145 Lunch (Provided)
1245 MY Circle: Multicultural Youth Circle Belongs to All Immigrant and Refugee Youth
1400 Refreshment Break
1430 Network Café: Learn about the Ministry of Children & Family Development Child & Youth Mental Health Plan and have an opportunity to provide your feedback during round table discussions
1530 Plenary: Honourable Gulzar Cheema
1600 Wrap Up

For further information, e-mail Janey Smythe, Symposium Coordinator, at toptube@telus.net