



Update from Department Head **Dr. Athanasios Zis**

Awards & Distinctions

Dr. Shimi Kang (PGY5) was awarded the Ruth Fox Memorial Award by the American Society of Addiction Medicine and The Women Leaders in Psychiatry Award cosponsored by the American Psychiatric Association and Aventis. Dr. Kang has just returned from Boston where with the support of the Department and Faculty of Medicine has completed one year Clinical Research Fellowship/elective in Addiction Research at Massachusetts General Hospital.

Dr. William Piper was the recipient of the Distinguished Fellow Award at the Annual meeting of the American Group Psychotherapy for his career contributions to the field of group psychotherapy.

CRC, CIHR & MSFHR salary awards competitions

The Department's success in the most recent CRC, CIHR and MSFHR salary award competitions was indeed outstanding. Dr. Brian MacVicar who will be joining the Department on July 1st as Professor, Division of Basic Neuroscience was awarded a Tier I Canada Research Chair and Distinguished Scholar award by the MSFHR. Dr. Lynn Raymond also of the Division of Basic Neuroscience was the recipient of CIHR Scientist and MSFHR Senior Scholar awards. Dr. John Ogrodniczuk, Division of Behavioural Science, received a New Investigator award from CIHR and Dr. Tania Lecomte, Division of Clinical Neuroscience a Scholar award from MSFHR. Last but not least Drs. Sophie Imbeault, Aline Stephan and Richard Swayze, Division of (Basic) Neuroscience and Paul Waraich, Division of Mental Health Policy & Services, were the recipients of trainee awards from MSFHR.

(A list of all current (2003/2004) salary award recipients in the Department of Psychiatry appears on the accompanying Table.)

Annual Research Day

The Annual Research Day organized by Dr. W. Honer took place on April 10th. The keynote address was provided by Professor Trevor W. Robbins, Chair of Experimental Psychology at Cambridge (UK). There were fourteen oral presentations and fourteen posters by students, residents and fellows. Dr. Erin Michalak and Andy Shih were the winners for best oral presentation in Clinical and Basic Science and Vina Goghari and Bo Li for best poster in Clinical and Basic Science respectively.

Chair in Depression – Update

Our proposal for a BC Leadership Chair in Depression has made it to the next round! Specifically, it has been selected by the University as one of the three Health Sector proposals going forward to the Letter of Intent stage and eventually on to full proposal if invited by the Leading Edge Endowment Fund Board of Directors. Drs. Raymond Lam and AG (Tony) Phillips are fervently working to meet a June 15th deadline.

Strategic Plan - Update

Phase 3 of the strategic planning process is nearing completion. In March a number of focus groups meetings were held at a number of sites (VGH, St. Paul's, C&W and UBC) with approximately 60 participants, mostly faculty. In addition, during April and May input was sought through distribution of a questionnaire followed by phone interviews, if necessary. The individuals contacted were part of a broad spectrum of "external stakeholders" representing the Provincial Government, health care organizations, a number of groups and associations and the University. The received feedback is being incorporated into the second draft report to be discussed at the second Advisory Committee retreat in mid June.



Event Calendar

"Frames of Mind"

A Department of Psychiatry co-sponsored monthly Mental Health film series held the 3rd Thursday of each month at the **Pacific Cinematheque** 1131 Howe Street, Vancouver Tickets \$7.50 at the door- all screenings start at 7:30 p.m.

July 17th, 2003 at 7:30 pm

"Face to Face"

Director: Ingmar Bergman

August 21st, 2003 at 7:30 pm

"Psycho"

Director: Alfred Hitchcock

Teaching Hospital /Division/ Program Education Rounds

Information /details available online at :

www.psychiatry.ubc.ca/cme/rounds/

Other Activities

July 3, 2003 8:00-9:00 a.m.

Department of Psychiatry Meeting
Detwiller Pavilion

July 31, 2003 5:00 p.m.

PGY1-PGY2
Welcome BBQ.

For more information
please contact Lynn at 604-822-7730



UBC Department of Psychiatry, 2003/2004 Salary Awards	
Canadian Research Chairs	Michael Smith Foundation for Health Research
Tier 1 Dr. Brian MacVicar	Distinguished Scholar Dr. Brian MacVicar
Tier 2 Dr. Weihong Song	
Canadian Institutes of Health Research	Senior Scholar Dr. Tim Murphy Dr. Lynn Raymond Dr. Lakshmi Yatham
Investigator Dr. Bill Honer Dr. Tim Murphy Dr. Lynn Raymond	Scholar Dr. Alae El-Husseini Dr. Tania Lecomte Dr. Charlotte Waddell
New Investigator Dr. Alaa El-Husseini Dr. Tania Lecomte Dr. John Ogrodniczuk Dr. Cai Song	Trainee Dr. Marc Corbierre (Dr. E. Goldner) Dr. Sophie Imbeault (Dr. T. Murphy) Dr. Tonia Lee Nicholls (Dr. B. Koch) Dr. Aline Stephan (Dr. T. Phillips) Dr. Richard Swayze (Dr. A. El-Husseini) Dr. Paul Waraich (Dr. E. Goldner)

Editor - Dr. Harry Karlinsky
Managing Editor - Michelle Purcell

This newsletter is published quarterly as a vehicle to promote communication within the UBC Dept. of Psychiatry as well as with its wider community. Feedback and suggestions for invited submissions can be forwarded to the Editor at harryk@telus.net.

Division of Child & Adolescent Psychiatry Dr. Derryck Smith

Child Psychiatry is the oldest of the informal subspecialties within psychiatry and as such our Division has existed as a sub-grouping within the Department of Psychiatry for at least the last 25 years. At one time the Division had five GFT members but due to retirements we now have none, although an active recruiting process is underway. Recruitment has proven to be extraordinarily difficult however, and the positions which are now available have been unfilled for a number of years.

The Division of Child & Adolescent Psychiatry UBC and the Department of Psychiatry at BC's Children's Hospital operate as a single unit. All of us work within the Mental Health Programs which is one of the managerial units at BC's Children's Hospital. Needless to say we are in an era of rapid change. Organizationally the programs operate within the Provincial Health Services Authority in addition to reporting to Dr. Athanasios Zis on the academic side. On the operational side our programs report to Sharon Toohey, the President of BC's Children's Hospital and Leslie Arnold the Provincial Director for Mental Health Services of the PHSA.

Academic Structure

In addition to myself as Head of the Division the following individuals hold positions of responsibility within the Division:

Dr. Keith Marriage, Director of Residency Training and Fellowship Programs.

Dr. Jacky Weiss, Director of Undergraduate Training

Dr. Jana Davidson, Director of Continuing Medical Education

Dr. Margaret Weiss, Director of Research

On the academic side we are all ably supported by Francesca Wilson the Divisional Secretary.

The Division prides itself on the equality of the educational experience that we provide to undergraduates and postgraduates. Last year we were fortunate to receive rewards for the best undergraduate and postgraduate teaching as well as the best lecture delivered at the Annual Clinical Day of the Department.

Physical Plant

We have been planning a new building for our clinical and academic programs for the past ten years. We are in the final stages of getting approval for a new building supported with a 6 million dollar pledge from the Children's Hospital Foundation.

Child & Youth Mental Health Plan

The Province of British Columbia recently announced a new Mental Health Plan for children

and youth. This plan is the first of its kind in Canada and will serve as a template for the clinical delivery of mental health services for children and youth across the Province. Please feel free to access this plan at its website -

http://www.mcf.gov.bc.ca/mental_health/mh_publications/cymh_plan.htm.

One important feature of this plan is a structure consisting of representatives from both the Ministry for Children & Family Development and Ministry of Health Services from all of the five regions. They will meet together on a regular basis with representatives from the two Ministries and our Hospital in order to ensure that there is coordination between community and hospital-based programs for children and youth.

The following is a listing of the Members of the Division of Child & Adolescent Psychiatry and their academic interests.

Dr. Geoff Ainsworth

Teaching medical students and residents. Specific focus is the area of consultation/liaison in child psychiatry.

Dr. Elizabeth Baerg Hall

Group Psychotherapy for adolescents. Working with adolescents who self-harm.

Dr. Myles Blank

Infant Psychiatry, including the role of the parents in laying down the tools for affect regulation etc. Child protection.

Dr. Jana Davidson

Emergency Psychiatry. Early Psychosis.

Dr. Vik Dua

Autism Spectrum Disorders. Adolescent Forensic Psychiatry.

Dr. Diane Fast

Neuropsychiatry, including Tourette Syndrome, Fetal Alcohol Syndrome, Autism Spectrum Disorders, psychiatric issues in neurological disorders. Outreach to communities in northern British Columbia.

Dr. Robin Friedlander

Mental health aspects of developmental disabilities.

Dr. Jane Garland

Pharmacological studies and practical clinical psychopharmacology for mood and anxiety disorders. Currently this includes a CIHR-funded citalopram study in adolescent depression.

Development and delivery of practical cognitive-behavioural therapy for children and adolescents

with anxiety disorders in hospital and community settings, such as the Taming Worry Dragons program. Currently this includes CIHR funded controlled study of anxiety treatment in the schools, a prevention study funded by Lions Gate Foundation and a Vancouver Foundation-funded study of social phobia group treatment.

Dr. Gary Lazar

Psychotherapies, psychotic disorders. Native mental health issues.

Dr. Susan Lazar

Mood and Anxiety Disorders from youth to adulthood. Family therapy and adolescent psychotherapy.

Dr. Pierre Lechner

Treatment of Eating Disorders. Eating Disorders continuing medical education.

Dr. Jake Locke

Eclectic Psychotherapy (Dynamic & Cognitive Behaviour Therapy): Children & Adolescents. Family Therapy.

Dr. Susan Lomax

Early Psychosis. Emergency Psychiatry.

Dr. Don Louie

Mood and Anxiety Disorder (and their treatments e.g. CBT and medication). Posttraumatic Stress Disorder and Dissociation (and treatments including EMDR and hypnosis when appropriate).

Dr. Keith Marriage

Attachment Disorder. Family Therapy.

Dr. Pratibha Reebye

Preschool Attention Deficit Hyperactivity Disorder. Maternal depression and anxiety and mother-infant interactions.

Dr. Gabrielle Weiss

Research – Psychopharmacology, long term follow up of disorders in child psychiatry such as ADHD. Impact of new “longer acting” stimulants on children with this disorder.

Dr. Jacqueline Weiss

ADHD throughout the lifespan. Attachment Disorders in infants.

Dr. Margaret Weiss

Clinical work and research studies related to ADHD through the life cycle.

Dr. Derryck Smith

Urgent Assessment Clinic. Traumatic Brain Injury.

Division of (Basic) Neurosciences

Dr. Steve Vincent

The Division of Basic Neuroscience is an academic unit within the Department of Psychiatry focused on the neurobiology of neuropsychiatric disease. The Division is largely housed in the Kinsmen Laboratory of Neurological Research, in the Detwiller Pavilion. Neurological Research, was one of the founding departments of the UBC Medical School, and was merged with Psychiatry in 1961. Our mission has always been to understand the basic neurobiological mechanisms underlying normal brain function and neuropsychiatric disease.

The members of the Division are working together with other members of the Department of Psychiatry to provide a unique opportunity to examine novel drug targets and therapeutics aimed at treatment of schizophrenia and depression; compulsive behaviours, including drug addiction; and neurodegenerative processes, including Alzheimer disease, Huntington disease and stroke. A major strength of this collaborative effort is our ability to examine these issues from the level of basic cellular and molecular mechanisms, to animal models, human brain imaging, and clinical trials. Our strengths in these areas are complemented by those of other investigators in the Department and associated with the Brain Research Centre.

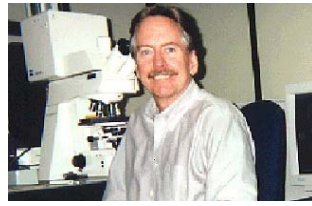
The current faculty members of the Division are listed below.

Dr. Steve Vincent, is the Division Head and holds the Louise Brown Chair in Neuroscience. He directs the Graduate Program in Neuroscience and the MSFHR/CIHR Strategic Training Program in Neurobiology and Behaviour. Dr. Vincent's laboratory focuses on neuronal signal transduction and is supported by grants from the CIHR and the Canadian Stroke Network.

Dr. Alaa El-Husseini is a CIHR New Investigator and MSFHR Scholar. He is currently supported by operating grants from the Canadian Institutes of Health Research (CIHR), the National Alliance for Research on Schizophrenia and Depression (NARSAD), and establishment funds from the Michael Smith Research Foundation for Health Research (MSFHR) and the Canadian Foundation for Innovation (CFI), to study factors that regulate synapse formation and plasticity. Also, in collaboration with Drs. William Honer and Tony Phillips, Dr. El-Husseini has received operating funds from the New Emerging Team Grant (NET)-CIHR program to study structural and functional changes in synapses at early stages of development of schizophrenia.

Dr. Brian MacVicar will be joining the Division July 1, 2003, as Professor and will hold a Tier 1 Canada Research Chair in Neurophysiol-

ogy. Dr. MacVicar comes to us from the University of Calgary, where he has served as the



Chair of Neurosciences Research Group and Coordinator of the Graduate Neuroscience Education Program. Brian's office and laboratory space will be in the newly renovated Brain Research Centre in the Koerner Pavilion.

Dr. Tim Murphy is a CIHR Scientist and MSFHR Senior Scholar. His work on the underlying mechanisms of synaptic transmission is supported by the CIHR, the Heart and Stroke Foundation and the Canadian Stroke Network. He has received a NARSAD Young Investigator Award and an EJLB Fellowship for his work in this area. In addition to his work at UBC, Tim is a co-director of an annual summer course on Imaging Structure and Function in the Nervous System at the prestigious Cold Spring Harbor Laboratories.

Dr. Tony Phillips is a Fellow of the Royal Society of Canada and serves as Chair of the Institute Advisory Board for the CIHR Institute of Neurosciences, Mental Health and Addiction and on the Research Advisory Council of the Michael Smith Foundation for Health Research. He is internationally known for his work on the dopamine systems of the brain and his work is supported by the CIHR and NSERC.

Dr. Lynn Raymond is an outstanding clinician-scientist whose research on modulation of glutamate receptors and their role in neurodegeneration is supported by a CIHR Investigator Award, and the CIHR, Hereditary Disease Foundation and Heart and Stroke Foundation. Dr. Raymond is also active as a neurologist and serves as Director of the UBC Huntington Disease Medical Clinic. Lynn is also the co-director of the combined MD/PhD program at UBC.

Dr. Peter Reiner is President and Chief Executive Officer of *Active Pass Pharmaceuticals*. The key discoveries made in Dr. Reiner's academic research laboratory in the Division have led to this spin-off company's proprietary strategy for treating Alzheimer's and other diseases. Professor Reiner is currently on leave of absence from the University.

Dr. Terry Snutch is a member of the Biotechnology Laboratory, and has a joint academic appointment in our Division and the Department of Zoology. His research focuses on the

molecular and genetic analysis of the nervous system, more specifically the structure and function of neurotransmitter receptors and ion channels and their modulation by protein kinases and G-proteins. Dr. Snutch is a Fellow of the Royal Society of Canada, and a CIHR Senior Investigator. His laboratory will be moving to the new Michael Smith Building on East Mall at University Boulevard.

Dr. Cai Song is a CIHR New Investigator in the field of psychoneuroimmunology and she has recently published a key book in this field, "*Fundamentals of Psychoneuroimmunology*" (by Cai Song and B.E. Leonard), John Wiley, 2000. Her research in this area is supported by the CIHR, and she and Dr. Ray Lam have just received a new grant to study seasonality, depression and immune function.

Dr. Weihong Song holds the Jack Brown and Family Professorship and Chair in Alzheimer's Disease and has just received a Tier II Canadian Research Chair for his work in Alzheimer disease. He studies the molecular and cellular mechanisms of Alzheimer disease pathogenesis, and is supported by CIHR, CFI, BCKDF, Jack Brown and Family Endowment, BC Advance Systems Institute, and West Coast Energy Fellowship.



Dr. Weihong Song accepts his Canada Research Chair from Stephen Owen, Secretary of State, and René Durocher, Executive Director, Canada Research Chairs Program, 2NA/B, Detwiller Pavilion, June 25, 2002.

Drs. Pat and Edie McGeer, Professors Emeriti. Pat and Edie continue to maintain an active research group in the Division studying the role of inflammation and the immune system in neurodegenerative disease. They are currently funded from the CIHR and the Alzheimer Society of Canada.

Dr. Juhn Wada, Professor Emeritus, received the Doctor of Science degree *honoris causa*, at the Spring Congregation of UBC this year, to honor his lifetime of work in the treatment and understanding of epilepsy.

